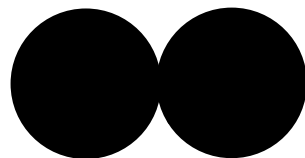




**KEEP
CALM
AND
STUDY
LIFE ORIENTATION**

**GRADE 12
REVISION TIME**



MRS S BRANDT

QUESTION 1.1

SEPTEMBER 2014

QUESTION 1

1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (1.1.1–1.1.10) in the ANSWER BOOK, for example 1.1.11 D.

1.1.1 The following is a good practice for communication in healthy relationships:

- A Both partners express their desires and both do not understand that some issues are private.
- B Both partners determine who the other partner interacts with, but one of them decides when this can happen.
- C Both partners keep record of who wins and who loses arguments.
- D Both parties enjoy spending time apart because they are secure and can explain their needs clearly.

1.1.2 When writing an essay in an examination, ...

- A write everything you know about the topic in one paragraph.
- B ensure that you have a lengthy introduction that refers to the main points of your argument.
- C express one idea per paragraph and make sure that the focus of each paragraph is linked to the central question.
- D start with the most difficult essay question so that you can spend more time on it.

1.1.3 In stress management you need to identify the causes of your stress and ...

- A be aware of your thinking patterns.
- B drink lots of energy drinks.
- C work longer hours and eat enough food.
- D speak to everyone about your problems.

1.1.4 Which ONE of the following best describes what should be included in a job contract?

- A The job advertisement, the company's equity process and company policies and procedures
- B Job title, employee's role and responsibilities, lunch preferences and company policies and procedures
- C Terms and conditions of employment, benefits and company policies and procedures
- D The job advertisement, working hours, work ethics required of the employee and company policies and procedures

- 1.1.5 Select the definition that best describes the term *value* as applied to your own mission statement:
- A It refers to my enthusiasm and flexibility in my career path.
 - B It refers to how I live my life and what I consider to be important.
 - C It is a personality trait that I have learnt from people around me.
 - D It refers to things I will find easy or difficult to do in my job.
- 1.1.6 Choose the best definition for the word *illustrate* as used in examination questions:
- A Debate, consider, argue the issues, include comparisons and contrasts and look at the advantages and disadvantages
 - B Assess or give an opinion about the value of a concept or thing, showing advantages and disadvantages
 - C Give full explanations, list qualities and aspects, which can be a picture in words, a diagram or figure and/or give examples
 - D Explain your understanding by 'reading between the lines' and drawing conclusions
- 1.1.7 Assertive behaviour means that you ...
- A can communicate confidently, firmly and politely.
 - B can evaluate evidence and argue aggressively.
 - C criticise, evaluate and judge the other person.
 - D communicate by trying to make others see things your way.
- 1.1.8 The social impact of long-term participation in physical activities will result in ...
- A controlling your blood pressure.
 - B increased school performance.
 - C a favourable effect on productivity levels.
 - D better friendships and communication skills.
- 1.1.9 An entrepreneur can counteract unemployment by ...
- A helping to bring new ideas to a company, which could include shorter shifts.
 - B doing less marketing and increasing the cost of products.
 - C encouraging the use of improved technology that uses advanced machinery.
 - D importing goods at cheaper prices, instead of producing goods locally.
- 1.1.10 People who practise unsafe sexual behaviour are at risk of HIV and ...
- A prostate cancer, hypertension and diseases of the heart.
 - B hypertension, lung cancer and syphilis.
 - C cervical cancer, syphilis and gonorrhoea.
 - D hypertension, gonorrhoea and liver cancer.

(10 x 1)

SEPTEMBER 2015

1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (1.1.1–1.1.10) in the ANSWER BOOK, for example 1.1.11 D.

- 1.1.1 Media reporting in a democratic society is evident when ...
- A topics reflect all the best news on cricket and rugby to promote the sports.
 - B topics include a range of stories so that it would appeal to a wide range of readers.
 - C space is allocated to mainly sensational news so that more people buy the newspaper.
 - D the views of the editors are used to influence people to see the story in the way they intend.
- 1.1.2 A kinaesthetic learner learns best through mime, drama, ...
- A flash cards and discussion.
 - B debate and memorisation.
 - C reading aloud and written instructions.
 - D playing games and role play.
- 1.1.3 The term *agility*, as a physical fitness skill, is best described as the ability to ...
- A keep an upright posture while standing or moving effectively.
 - B combine the use of the senses and body parts.
 - C quickly change and control body position and movements.
 - D use strength with speed.
- 1.1.4 Xenophobic attacks on foreign shop-owners should be eliminated. A way to intervene is to ...
- A create a platform for all stakeholders to discuss the relevant issues.
 - B exclude foreign shop-owners from receiving basic services.
 - C prevent foreign shop-owners from trading in the central business districts.
 - D allow only local members of the community to have businesses.
- 1.1.5 An example of intrapersonal conflict is when ...
- A your friend wants to go to the movies with you, but you want to stay home to finish an assignment that is due the next day.
 - B your sporting activities take up too much of your time and your parents want to see you at home more often.
 - C you want to go to a university, but your parents want you to go out and get a job.
 - D you are not sure whether you should give in to your desire to smoke or act on your own values and beliefs regarding smoking.

- 1.1.6 According to SARS, the tax obligations for an entrepreneur who owns a business is that he/she should ...
- A include the income from the business in his/her personal income tax return and only pay if he/she makes a huge profit.
 - B include the income from the business in his/her personal income tax return and is responsible for paying taxes.
 - C not include the income from the business in his/her personal income tax return and is not responsible for paying taxes.
 - D not include the income from the business in his/her personal income tax return and only pay if he/she makes a huge profit.
- 1.1.7 Study strategies can be defined as ...
- A steps you take to study most effectively.
 - B methods to keep track of your formal assessment.
 - C collecting information on visual aids.
 - D ways to solve problems and make decisions.
- 1.1.8 A strategy to prevent lifestyle diseases may include ...
- A helping and encouraging people to follow treatment instructions and take their medication.
 - B avoiding the habits and behaviours that contribute to lifestyle diseases.
 - C receiving medical treatment such as chemotherapy and radiation.
 - D noticing symptoms and getting treatment early when the illness starts.
- 1.1.9 The purpose of doing warm-up activities before exercising is to ...
- A strengthen the cardio-vascular system.
 - B focus on the purpose of exercising.
 - C prevent injuries to muscles.
 - D show off physical skills.
- 1.1.10 The importance of school-based assessment is that it ...
- A provides feedback on the learners' performance.
 - B covers all prescribed content for the grade.
 - C is standardised for all learners in the country.
 - D excludes tests and examinations.
- (10 x 1)

OCTOBER SUPPLEMENTARY 2015

- 1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (1.1.1–1.1.10) in the ANSWER BOOK, for example 1.1.11 D.
- 1.1.1 The following qualities are necessary for a successful, long-lasting relationship:
- A Respect, honesty, love and faithfulness
 - B Respect, wealth, faithfulness and status
 - C Love, looks, honesty and a sense of humour
 - D Honesty, respect, status and faithfulness
- 1.1.2 A physically fit and healthy person should have a body-mass index (BMI) of between ...
- A 16,5 and 24.
 - B 19,5 and 26.
 - C 18,5 and 25.
 - D 17,5 and 28.
- 1.1.3 Factors that contribute to lifestyle diseases include diet, sexual behaviour, ...
- A physical activity and substance abuse.
 - B hypertension and cultural practices.
 - C tuberculosis and substance abuse.
 - D cancer and cultural practices.
- 1.1.4 It is very important to obtain a National Senior Certificate (NSC) because it gives you the opportunity to ...
- A track your progress and shows what you need to focus on.
 - B use your time effectively and to focus on studying.
 - C receive feedback and to know your strengths and weaknesses.
 - D develop through further studies and to find employment.
- 1.1.5 One of the main benefits of an independent media in a country is that ...
- A it is free to conduct propaganda and incite violence.
 - B it can freely criticise the state's policies and activities.
 - C it will always report information that is accurate and unbiased.
 - D editors are paid by the state and all reporting is controlled.

- 1.1.6 An example of unfair discrimination in the workplace is discrimination based on the ...
- A implementation of affirmative action.
 - B requirements of a particular job.
 - C productivity of the employee.
 - D location of the employee's home.
- 1.1.7 The principles of equity and redress are implemented by considering qualifications, ...
- A ethnic group, competence and scarce skills.
 - B designated group, competence and scarce skills.
 - C gender, ethnic group and experience.
 - D race, scarce skills and experience.
- 1.1.8 Examples of good work ethics include dependability, ...
- A always working late, regular absenteeism and going the extra mile at all costs.
 - B working overtime, befriending the boss and minimal leave taking.
 - C working late when needed, taking leave of absence and going the extra mile.
 - D often working overtime, avoiding being caught when late and minimal leave taking.
- 1.1.9 A major academic change which students encounter in the post-school destination is that a student ...
- A is introduced to many temptations such as drugs and alcohol.
 - B has compulsory classes at irregular hours throughout the day.
 - C must be mature enough to handle personal freedom.
 - D must always complete and hand in assignments on time.
- 1.1.10 The word 'evaluate' in an examination instruction means to ...
- A take apart an idea, concept or statement and to examine or criticise its subparts in detail.
 - B place items side by side to consider their similarities and differences to formulate a balanced (objective) answer.
 - C provide an itemised series of parts, reasons or qualities, possibly in a table, and to draw a final conclusion.
 - D describe, give examples, state points for and against, then to analyse and make a judgement in the conclusion. (10 x 1)

- 1.1.1 In South Africa the following bodies deal with specific human rights violations:
- A The Independent Communications Authority of South Africa, the Public Protector and the Office of the Consumer Protector
 - B The South African Social Security Agency, the Commission for Gender Equality and the Independent Complaints Directorate
 - C The South African Law Reform Commission, the Independent Complaints Directorate and the Public Protector.
 - D The Office of the Consumer Protector, the Commission for Gender Equality and the Independent Complaints Directorate
- 1.1.2 In countries where there is war, such as Syria, the public can only receive information through some social media sites. This can be viewed as an example of ...
- A freedom of expression.
 - B censorship.
 - C freedom of speech.
 - D defamation.
- 1.1.3 The following strategy is likely to be most effective in supporting an adolescent's efforts to lose weight:
- A Allow the adolescent to have meals on his/her own when it suits him/her.
 - B Give him/her money to buy quick lunches at the school tuck shop.
 - C Involve the entire family in a healthy eating plan.
 - D Frequently remind the adolescent of the health risks of being obese.
- 1.1.4 When asked to prove an answer in an examination question you should ...
- A give an explanation with headings and subheadings.
 - B state the most important facts on the topic.
 - C use evidence or reasoning to solve a problem.
 - D make a list of events in a particular order.

1.1.5 If you are engaged in conversation, the communication technique that is most likely to ensure that you understand what the other person is attempting to say to you is to ...

- A repeat what you believe the person is saying.
- B nod your head in agreement while the person is speaking.
- C ask the person to speak slowly and clearly.
- D make continuous eye contact while the person is speaking.

1.1.6 Which ONE of the following people would be considered to be unemployed?

- A John does not have a job and is not looking for one.
- B Themba had only a 15-hour job last week.
- C Mary is a housewife and a part-time student.
- D Rita is starting a new job next week.

1.1.7 Ethics is a ...

- A code of conduct for a particular profession only.
- B field of study that focuses on faith and religion.
- C practice of doing good when we know others are watching.
- D branch of philosophy dealing with morals and values.

1.1.8 If a person is frustrated about a situation and wants to express himself/herself before moving on, it is best to ...

- A offer the person suggestions on how to calm down.
- B politely excuse yourself without giving a reason.
- C allow the person to express his/her feelings to get closure.
- D tell the person that his/her current behaviour is unproductive.

1.1.9 One positive effect of stress is that it ...

- A causes changes in appetite, resulting in weight loss.
- B forces you to slow down and do things at leisure.
- C causes sleep loss, which gives you more waking hours to get things done.
- D improves performance, efficiency and refocuses energy.

1.1.10 The following can be used to establish a person's flexibility level:

- A Run and jump
- B Sit and reach
- C BMI and pulse rate
- D Hop and skip

(10 x 1)

OCTOBER SUPPLEMENTARY 2016

1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (1.1.1–1.1.10) in the ANSWER BOOK, for example 1.1.11 D.

- 1.1.1 Emotional benefits of physical activity include ...
- A an increase in fitness levels.
 - B a decrease in the level of teamwork.
 - C an increase in the flexibility of muscles.
 - D a decrease in the level of anxiety.
- 1.1.2 The sector education and training authority (SETA) is an institution that has been established to provide ...
- A job placements and salaries at industries.
 - B training in skills development.
 - C learnerships and diplomas at industries.
 - D training in a number of academic fields.
- 1.1.3 If you respect the feelings of others, you must ensure that you listen and ...
- A judge what they are saying.
 - B point out the mistakes in what they are saying.
 - C reflect on what they are saying.
 - D make light about what they are saying.
- 1.1.4 The Basic Conditions of Employment Act (BCEA), 1997 (Act 75 of 1997) excludes the following:
- A Workers engaged in emergency work
 - B Sales representatives who regulate their own working hours
 - C Workers who work fewer than 24 hours per month
 - D Members of the National Defence Force
- 1.1.5 A person who is committed to participate in physical activities for long-term engagement is best described as one who ...
- A chooses a specific sport as a career in order to make a living out of it.
 - B knows the rules and regulations of proper engagement in a variety of sports.
 - C participates in sport and has the attitude needed to lead a healthy lifestyle.
 - D has knowledge of the effects of physical activity and inactivity on the body.

- 1.1.6 Orientation is a/an ...
- A indigenous game that involves fitness and teamwork.
 - B aerobics programme that includes cardio-vascular exercises.
 - C navigational activity that requires fitness and teamwork.
 - D traditional sport that promotes flexibility and endurance.
- 1.1.7 Examples of school-based assessment tasks are ...
- A homework, projects and examinations.
 - B oral presentations, projects and assignments.
 - C projects, assignments and homework.
 - D class work, projects and assignments.
- 1.1.8 One of the most effective study strategies is to ...
- A select a place free from distraction to maximise your concentration.
 - B study continuously for at least two hours at a time.
 - C increase the time spent on exercise throughout the examination.
 - D study the easiest subject first while you are fresh.
- 1.1.9 An employment contract is a ...
- A set of principles and norms which guides an employee's behaviour, commitment and work ethics.
 - B set of principles that gives guidance on conditions of work, health and safety in the workplace.
 - C legal document used by the employer to evaluate an employee's job performance.
 - D mutual agreement on workplace expectations by both the employer and employee.
- 1.1.10 A sports administrator is a person who...
- A helps clients achieve fitness objectives by providing one-on-one assessment.
 - B oversees the smooth running of a sports organisation and implements policies.
 - C motivates, directs and instructs athletes with regard to strategies during a game.
 - D organises leisure activities, community functions and sporting competitions.
- (10 x 1)

SEPTEMBER 2017

- 1.1.1 A job contract must include the following:
- A Type of job, working hours and wages
 - B Wages, working hours and equity
 - C Type of job, salary negotiations and leave
 - D Termination, salary negotiations and equity
- 1.1.2 Cardiorespiratory fitness can be measured by the ...
- A 12-minute run and sit-and-reach tests.
 - B run-on-the-spot and 12-minute run tests.
 - C half-curl-up and run-on-the-spot tests.
 - D shoulder-stretch and 12-minute run tests.
- 1.1.3 A municipality may have by-laws for ...
- A emergency services, street trading and water services.
 - B street trading, road traffic and emergency services.
 - C water services, agriculture and road traffic.
 - D agriculture, housing and street trading.
- 1.1.4 Your vision has an impact on your actions and behaviour. It will ...
- A make you committed to achieve your parents' ambitions for you.
 - B ensure that you only focus on a specific career choice.
 - C make you work hard to achieve success in all aspects of life.
 - D affect only the decisions you make concerning your career.
- 1.1.5 A person commits fraud when he/she ...
- A gives employment opportunities to family or friends.
 - B obtains money or favours through force or threats.
 - C gives special favours to those who do not deserve it.
 - D misleads his/her employer about his/her qualifications. (5 x 1)

OCTOBER SUPPLEMENTARY 2017

- 1.1.1 A dispute resolution skill that is used to assist two parties to reach an agreement is called ...
- A cooperation.
 - B mediation.
 - C collaboration.
 - D compromise.
- 1.1.2 A Grade 12 school leaver can counter unemployment with informal jobs, ...
- A volunteerism and internships.
 - B entrepreneurship and scholarships.
 - C learnerships and internships.
 - D entrepreneurship and volunteerism.
- 1.1.3 If you are asked to 'analyse' how work gives meaning to life, you would ...
- A illustrate the value and purpose of work in your life.
 - B judge how work allows you to use your abilities.
 - C investigate how work helps you to live a happy life.
 - D describe how work helps you to grow and develop.
- 1.1.4 Low-impact exercises could include ...
- A bouncing, running and cardio-kickboxing.
 - B walking, seated workouts and dancing.
 - C cycling, walking and rope skipping.
 - D running, seated workouts and bouncing.
- 1.1.5 A community can help to reduce drug abuse problems by ...
- A creating forums to help drug addicts and families.
 - B creating and changing laws about health and safety.
 - C arresting and prosecuting drug dealers in the community.
 - D arranging for the rehabilitation of drug addicts in the workplace.
- (5 x 1)

QUESTION 1.2 & 1.3

SEPTEMBER 2014

- 1.2.1 According to the Basic Conditions of Employment Act, 1997 (Act 75 of 1997), what is the responsibility of the employer towards:
- (a) An employee working on a public holiday (1)
 - (b) A female employee requiring maternity leave (1)
- 1.2.2 What is the term used to describe the ability of muscles to stretch and allow joints free movement? (1)
- 1.2.3 Explain *nepotism* as a form of fraud and corruption. (2)
- 1.2.4 Name the level of government in South Africa that makes decisions on legislation that applies to the whole country. (1)
- 1.2.5 State TWO ways in which unemployment can impact on the emotional well-being of an individual. (2)
- 1.2.6 Identify and explain ONE study skill that will improve your memory while studying. (2)

SEPTEMBER 2015

- 1.2.1 Organised labour can be divided into different categories. Name any TWO categories. (2)
- 1.2.2 What is the term used to describe a set of beliefs and values which strongly influences people's world views? (1)
- 1.2.3 Which reading technique is the most suitable to find the following in a newspaper:
- (a) Main ideas, for example identifying stereotyping (1)
 - (b) Specific information, for example sports scores (1)
- 1.2.4 Name the examination writing skill that is used to make judgements that will show your understanding and analysis of a topic. (1)
- 1.2.5 Explain TWO ways in which your personal mission statement may assist you to choose a job/career. (2 x 2) (4)

OCTOBER SUPPLEMENTARY 2015

- 1.2.1 What term is used to describe journalists who aim to find information that is normally hidden from the public? (1)
- 1.2.2 Briefly explain the term *gender imbalance*. (2)
- 1.2.3 What do you call a person who reports illegal activities in any sector of society? (1)
- 1.2.4 Name the research conducted to determine the success of an intervention programme. (1)
- 1.2.5 In your own words, describe the difference between *health* and *fitness* in relation to physical education. (2)
- 1.2.6 State THREE purposes of a job/employment contract. (3)

SEPTEMBER 2016

- 1.2.1 What is the process of managing environmental resources on an on-going basis called? (1)
- 1.2.2 Briefly explain the following concepts:
- (a) Affirmative action (2)
 - (b) The rule of law (2)
- 1.2.3 Give the name of the chronic disease that affects glucose levels in the blood. (1)
- 1.2.4 Give ONE word for the deliberate use of shocking stories and pictures in the media to create media hype or to promote sales. (1)
- 1.2.5 State THREE personal safety measures one can take to reduce the risk of injury when participating in physical activities. (3)

OCTOBER SUPPLEMENTARY 2016

- 1.2.1 Name the process that is used to find a suitable person for a particular job. (1)
- 1.2.2 What is the spreading of ideas, information or rumours by the media, for the purpose of helping or injuring an institution, a cause or a person called? (1)
- 1.2.3 Discuss the aim of the Employment Equity Act (EEA), 1998 (Act 55 of 1998). (2)
- 1.2.4 Give THREE possible reasons why sport and recreation are important for a country. (3)
- 1.2.5 What is the instruction word that is used in examination question papers to weigh up the differences and similarities between concepts? (1)
- 1.2.6 Explain the term *transferable skills*. (2)

SEPTEMBER 2017

- 1.2.1 The study style that uses pictures, maps and colours to organise information (1)
- 1.2.2 A planned series of projects, events and actions to fight, change or promote issues of discrimination and human rights violations (1)
- 1.2.3 A type of stressor that originates from destructive relationships with others (1)
- 1.2.4 A recreational activity in which you find your way from point to point in unfamiliar places within a specific time (1)
- 1.2.5 An action of redress that attempts to correct unequal access to basic services (1)
- 1.3.1 Briefly discuss any function of the Commission for Conciliation, Mediation and Arbitration (CCMA). (2)
- 1.3.2 Why is time management an important aspect to include in a study plan? (2)
- 1.3.3 Distinguish between *discrimination* and *xenophobia*. (2 x 2) (4)
- 1.3.4 Explain a disadvantage of volunteerism as a way of counteracting unemployment, other than non-payment for services rendered. (2)

OCTOBER SUPPLEMENTARY 2017

- 1.2.1 A worldwide multisport event involving athletes with a range of physical challenges
- 1.2.2 A condensed version of the core content of a subject containing bulleted notes, mind maps or tables
- 1.2.3 The ability to show that you understand the feelings of others and that you have sympathy and compassion for them
- 1.2.4 A teacher's daily observation and monitoring of learners' progress in order to provide feedback
- 1.2.5 A person who campaigns to bring about social, political and environmental change in society (5 x 1)
- 1.3.1 Discuss the importance of cooling-down exercises after physical activity. (1 x 2)
- 1.3.2 How can investigative journalism contribute to a democratic society? (1 x 2)
- 1.3.3 Distinguish between *study strategies* and *study skills*. (2 + 2)
- 1.3.4 Explain ONE mental benefit of participating in physical activities. (1 x 2)

QUESTION TWO

SEPTEMBER 2014

DOMESTIC WORKERS NEED LEGAL PROTECTION

All over the world there is an important group of workers that perform domestic tasks in private households in exchange for wages and/or boarding and lodging. Generally domestic workers throughout the world share and suffer the same basic problems.

One woman employed by a Member of Parliament said that she had to give her employer massages on weekends, while another claimed that she had to live in a storeroom without a bathroom. Myrtle Witbooi of the South African Domestic Service and Allied Workers' Union (SADSAWU) said in a news report that she had brought these issues to Parliament but nothing had been done.

A domestic worker in Gugulethu said: 'When I asked my employer why she did not give me my bonus the other year, she told me that when she renovated her home she gave me all the old cupboards. So she has treated that as my bonus last year. My complaint was that we did not agree on that, otherwise I would not have taken them. I start working at five o'clock in the morning and sometimes I only finish at ten at night. Some weekends I am asked to wash the dogs as well.'

[Adapted from www.dailymaverick.co.za. Accessed on 25 March 2014]

- 2.1 Identify the labour legislation that addresses the unfair labour practices highlighted in the extract. Explain how this Act is relevant to the extract. (1 + 2) (3)
- 2.2 According to the extract, it appears that the labour laws for domestic workers are not effectively adhered to by some employers in South Africa. Discuss THREE possible reasons for this. (3 x 2) (6)
- 2.3 Recommend THREE ways in which a trade union such as the South African Domestic Service and Allied Workers' Union (SADSAWU) could protect the rights of domestic workers. Also indicate how EACH of the recommendations could improve the workers' lives. (3 x 2) (6)
- [15]

SEPTEMBER 2015

EQUITY IN THE WORKPLACE

Steven Botha applied for a job in a well-known chartered accounting firm. He had an excellent reference from his previous employer and had quite a good reputation as a chartered accountant (CA). Steven is a *paraplegic. When he wheeled his way into the interview room, he saw the surprised looks on the faces of the interview committee. One of the members of the committee started asking Steven about his work experience, but was quickly interrupted by another committee member who requested the interview panel to meet outside for a 'private' discussion. Steven was then left alone in the interview room, whilst the interview panel met outside. When they returned, the chairperson of the committee informed Steven that the interview was over. They apologised and said that they did not want to waste his time unnecessarily and asked him to leave.

***Paraplegic:** Someone who has lost the use of his two legs and lower body.

[Anonymous]

- 2.1 Why do you think the committee terminated the interview? Give a reason for your answer. (2 x 1) (2)
- 2.2 From the surprised looks on the interviewers' faces, it appears that Steven had not disclosed his disability. Suggest TWO possible reasons why people with disabilities do not disclose their status when applying for a job. (2 x 2) (4)
- 2.3 Identify a labour law that is relevant to the above extract and prove how Steven's non-disclosure of his disability is covered by that specific law in South Africa. (1 + 2) (3)
- 2.4 Propose THREE guidelines that the recruitment committee should consider when dealing with the principles of equity in the workplace, regarding applicants with disabilities. (3 x 2) (6)
- [15]

OCTOBER SUPPLEMENTARY 2015

SPORT AND RECREATION

Sport and recreation is a significant area of priority for young women and men all over the world. It is no less important in South Africa. The *UNESCO International Charter of Physical Education and Sport provides strong support for the need that young people have for sport, leisure and recreational services. Sports and recreation is a valuable means of personal development for young women and men. It has also played a major role in developing a socially united environment within indigenous communities. Many of the games you see today have evolved from traditional games of the past.

***UNESCO:** United Nations Educational, Scientific and Cultural Organisation.

[Adapted from www.home.intekom.com. Accessed on 11 April 2015.]

- | | | | |
|-----|---|---------|-------------|
| 2.1 | Explain TWO social benefits of participation in indigenous games for communities. | (2 x 1) | (2) |
| 2.2 | State and examine TWO factors that may prevent some youth from participating in physical activities. | (2 x 2) | (4) |
| 2.3 | Discuss how participating in physical activities and following a balanced diet can enhance self-esteem. | | (3) |
| 2.4 | Suggest THREE ways in which your school could work with community organisations to promote participation in physical activities among all learners. | (3 x 2) | (6) |
| | | | [15] |

SEPTEMBER 2016

STUDENTS IN A FINANCIAL CRISIS

Protesting students in South Africa burnt down several buildings at universities, forcing administrators to close campuses. The violence came as student protests erupted on university campuses across South Africa. The aim was to pressurise universities to lower tuition fees in a campaign called #Feesmustfall. Chaotic scenes followed, resulting in police being called to restore order on campuses.

[Adapted from the article 'South African protesting students torch university buildings', www.dailymaverick.co.za. Accessed on 29 March 2016.]

- | | | | |
|-----|---|---------|-------------|
| 2.1 | Give any TWO reasons why many students commit to higher education without having the required funds. | (2 x 1) | (2) |
| 2.2 | State THREE consequences of students accumulating tuition debt during their period of study. | (3 x 1) | (3) |
| 2.3 | Discuss, in TWO well-motivated sentences, the importance of universities conducting impact studies before admitting students for a new academic year. | (2 x 2) | (4) |
| 2.4 | Propose THREE practical ways in which students can effectively communicate their concerns without violating the rights of other students by destroying university property. | (3 x 2) | (6) |
| | | | [15] |

OCTOBER SUPPLEMENTARY 2016

GOVERNMENT INTERVENTION PROGRAMMES

Social assistance, in the form of grants and pension, continues to form an important part of the government's strategy to promote the well-being of all South Africans. More than half of all households in South Africa benefit from the government's social assistance programmes.

[Adapted from [Error! Hyperlink reference not valid.](#) on 18 November 2015.]

- | | | | |
|-----|---|---------|-----|
| 2.1 | Explain the term <i>intervention programme</i> . | (1 x 2) | (2) |
| 2.2 | State THREE factors that have led the government to provide social assistance to a large part of the South African population. | (3 x 1) | (3) |
| 2.3 | Motivate why the government's social assistance programmes may not be sustainable in the long term. Give TWO answers. | (2 x 2) | (4) |
| 2.4 | Examine THREE ways in which communities may ensure that the social intervention programmes are properly managed and not abused. | (3 x 2) | (6) |
- [15]**

SEPTEMBER 2017

SUBSTANCE ABUSE IS DAMAGING SOUTH AFRICA'S YOUTH

Substance abuse can have a wide range of short- and long-term, direct and indirect effects on a person's physical, mental and emotional health. These health effects may occur after just one use.

Studies show that more and more young people in South Africa are experiencing health-related problems due to substance abuse.

One of the major factors that can influence substance abuse among young people is the availability of substances in our communities and the ineffectiveness of laws on drug dealing.

[Adapted from www.fanews.co.za/healthcare, www.drugabuse.gov/nida. Accessed on 5 May 2017.]

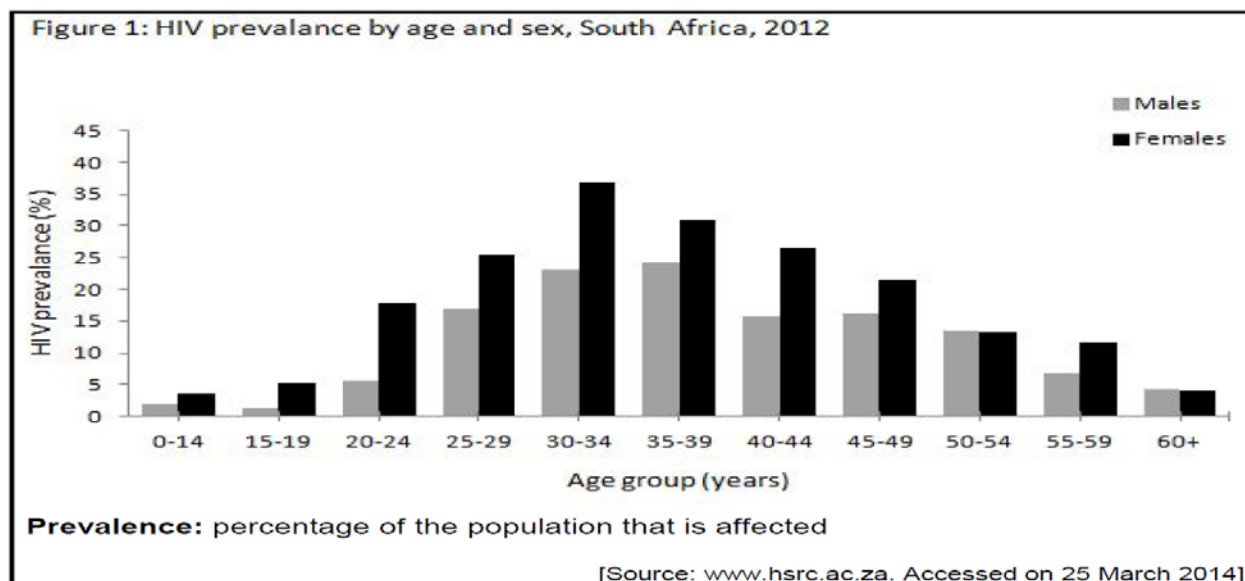
- | | | | |
|-----|--|---------|-----|
| 2.1 | Identify a lifestyle disease that is caused by substance abuse and explain how it results in ill health. | (1 + 2) | (3) |
| 2.2 | Discuss ONE psychological factor that may lead to substance abuse. | (1 x 2) | (2) |
| 2.3 | Name an intervention strategy for young people and indicate how it may prevent them from abusing substances. | (1 x 2) | (2) |
| 2.4 | Evaluate how physical participation in sports can impact positively on the emotional well-being of a recovering drug addict. | (2 x 2) | (4) |
| 2.5 | Suggest TWO ways in which communities can solve their grievances regarding drug dealing in a legal and responsible manner. | (2 x 2) | (4) |
- [15]**

OCTOBER SUPPLEMENTARY 2017

- | | | | |
|-----|---|---------|-----|
| 2.1 | Define the term <i>stress</i> and give TWO possible reasons why the boy in the cartoon suffered from examination stress. | (1 + 2) | (3) |
| 2.2 | Discuss ONE physical symptom of stress that may have a negative impact on studying. | (1 x 2) | (2) |
| 2.3 | Explain how a personal mission statement may help you to achieve your study goals. | (1 x 2) | (2) |
| 2.4 | Evaluate how the following may reduce examination stress: <ul style="list-style-type: none">• Revision• Relaxation | (2 + 2) | (4) |
| 2.5 | Propose TWO practical solutions that a learner can use to resolve conflict with his/her parents about poor school performance. | (2 x 2) | (4) |
- [15]**

QUESTION THREE

SEPTEMBER 2014



- 3.1 According to the graph the 30–34-year age group has the highest infection rate. State THREE possible causes of the high infection rate in this age group. (3 x 1) (3)
 - 3.2 The graph shows the difference in the infection rate between men and women. Briefly discuss THREE reasons why there is a gender imbalance in HIV infections as reflected in the graph. (3 x 2) (6)
 - 3.3 State TWO intervention strategies that have been put in place by the government or your community to prevent HIV infections. Critically evaluate the effectiveness of EACH strategy. (2 x 3) (6)
- [15]

SEPTEMBER 2015

SAFE AND HEALTHY LIVING: WHOSE RESPONSIBILITY IS IT?

Housing beneficiaries fear for their lives as their newly-built low-cost houses are crumbling. Occupants say that in less than a year the houses show structural defects, with cracks and flooding when it rains. About a thousand houses have been built since 2012.

A fifty-year-old homeowner says her family moved into her low-cost house last year and three months later a wall collapsed.

The community says local authorities have not attended to their complaints. 'We raised our concerns with the executive manager but he never showed any concern,' says a community leader. The MEC for human settlements in the province said they had not received any complaints from the community.

The project was approved at a total cost of R56,2 million and the tender was awarded to a local businessman.

[Adapted from www.sabc.co.za. Retrieved on 7 April 2015.]

- 3.1 Identify ONE basic human right, as stipulated in the Bill of Rights, that is being violated in the above article. Give a reason for your answer. (1 + 1) (2)
 - 3.2 Give THREE possible explanations for the poor quality of the houses. (3 x 1) (3)
 - 3.3 Suggest TWO ways in which the community can voice their concerns in a responsible way to ensure that the government will provide safe environments for communities. (2 x 2) (4)
 - 3.4 Recommend THREE strategies that the local government could put in place to ensure that ethical and safety principles will apply when providing high quality housing. (3 x 2) (6)
- [15]

OCTOBER SUPPLEMENTARY 2015

- 3.1 Differentiate between *electronic* and *print media*. (1 + 1) (2)
- 3.2 Give THREE reasons why electronic media has become more accessible for poorer communities. (3 x 1) (3)
- 3.3 Discuss any TWO ways in which learners can benefit from social media when completing formal assessment tasks. (2 x 2) (4)
- 3.4 Suggest THREE ways in which social media can impact negatively on citizens making informed decisions about foreign-owned businesses in a country. (3 x 2) (6)
- [15]**

SEPTEMBER 2016

THE LEADERSHIP ROLE OF WOMEN IN FOOTBALL

FIFA president, Gianni Infantino, took part in the second FIFA Women's Football and Leadership Conference at the home of FIFA in Zurich. The FIFA Women's Football and Leadership Conference is an annual event that coincides with International Women's Day. It seeks to provide a platform for open and honest debate about how to improve the organisation's support for women in football.

President Infantino urged the football community to increase the number of women in decision-making roles. He also moved that at least one female representative per confederation be elected to the new FIFA Council.

[Adapted from www.fifa.com. Accessed on 29 March 2016.]

- 3.1 State TWO reasons why FIFA decided to increase the number of women in leadership roles in football. (2 x 1) (2)
- 3.2 State THREE ways in which people's beliefs and world views have influenced women's participation in football. (3 x 1) (3)
- 3.3 Suggest TWO guidelines that schools could use to promote leadership roles in sports in a gender sensitive manner. (2 x 2) (4)
- 3.4 Evaluate THREE ways in which gender equitable leadership roles in the sporting industry could have a positive impact on society. (3 x 2) (6)
- [15]**

OCTOBER SUPPLEMENTARY 2016

- 3.1 Give TWO possible reasons for the high unemployment rate in the 15–34 year category. (2 x 1) (2)
- 3.2 Name any THREE services offered to unemployed youth by the government's youth development programmes. (3 x 1) (3)
- 3.3 Evaluate the impact that unemployment has on the economy of the country. (2 x 2) (4)
- 3.4 Motivate why volunteering is an innovative solution to counteract unemployment. State THREE aspects. (3 x 2) (6)
- [15]**

SEPTEMBER 2017

Read the scenario below and answer the questions that follow.

'SELF-CENTRED' WORK ETHICS HINDER YOUNG EMPLOYEES

Some experts, who specialise in bridging the gap between the expectations of different generations, say it is not that younger generations have no work ethics. They have 'self-centred work ethics,' says Cam Marston.

This he said after a young worker failed to complete his duties because he was more concerned about his personal issues. 'It's just not convenient.' These were the exact words a young contract worker used when explaining to his employer why he did not complete a project that was due the previous day. In his defence, the worker said this: 'It wasn't as easy as I thought it would be. I ran into some problems along the way. Plus, I've got a lot going on. I've got a life, you know. I am within my rights. My trade union will protect me.'

The employer was not buying it. 'I don't care what generation you belong to, there's this thing called work ethics. It is not about whether it's convenient or not.'

[Adapted from *Career Consultant* by Andrea Kay]

- | | | | |
|-----|---|---------|-------------|
| 3.1 | State ONE principle of work ethic and briefly explain how the contract worker in the scenario above did not honour it. | (1 + 2) | (3) |
| 3.2 | Refer to the worker's words, 'My trade union will protect me'. Explain how the trade union could intervene in this case. | (1 x 2) | (2) |
| 3.3 | Describe ONE communication skill that is important in building a positive relationship between an employer and a worker. | (1 x 2) | (2) |
| 3.4 | Evaluate how the job contract protects the interests and rights of the employer in the scenario above. | (2 x 2) | (4) |
| 3.5 | Advise the young worker on how he could have handled the situation differently instead of making excuses for not completing his work. | (2 x 2) | (4) |
| | | | [15] |

OCTOBER SUPPLEMENTARY 2017

LEADING CAUSES OF DEATHS IN SOUTH AFRICA

According to a recent report by the Department of Health, deaths among young adults were caused mainly by hypertension and infections. As a result of this report, some communities have started community projects to prevent deaths caused by lifestyle diseases.

[Adapted from www.statssa.gov.za. Accessed on 16 March 2017.]

- | | | | |
|-----|--|---------|-------------|
| 3.1 | Define <i>hypertension</i> and explain ONE lifestyle choice that may lead to it. | (1 + 2) | (3) |
| 3.2 | Discuss ONE possible reason why people make unhealthy lifestyle choices that may lead to hypertension. | (1 x 2) | (2) |
| 3.3 | Give ONE guideline on how project leaders may evaluate the effectiveness of community projects to decrease lifestyle diseases. | (1 x 2) | (2) |
| 3.4 | Explain TWO reasons why some patients do not complete the treatment of their lifestyle diseases. | (2 x 2) | (4) |
| 3.5 | Analyse TWO benefits of social support for a person living with a lifestyle disease. | (2 x 2) | (4) |
| | | | [15] |

QUESTION FOUR

SEPTEMBER 2014

Write an essay on the role of the media in which you do the following:

- Discuss TWO roles of the media in terms of the coverage of sport. (2 x 2) (4)
- Critically analyse TWO ways in which the media can influence public opinion of sports personalities in a:
 - Positive way (2 x 2) (4)
 - Negative way (2 x 2) (4)

SEPTEMBER 2015

- State THREE challenges you will have to face when you are working away from home. (3 x 1) (3)
 - Advise school-leavers on THREE ways to develop a positive attitude towards change that will assist them to adapt to a work environment. (3 x 2) (6)
 - Assess how a personal lifestyle plan could assist you to experience quality of life during periods of change, by discussing the following components of such a plan:
 - Diet and nutrition (2)
 - Relationship with friends and family (2)
 - Recreation and relaxation (2) (6)
- [15]**

OCTOBER SUPPLEMENTARY 2015

- Briefly define the term *online recruitment* and state TWO ways in which it may assist companies/organisations to find suitable employees. (1 + 2) (3)
 - Discuss the recruitment process by explaining the following steps:
 - Finding suitable applicants (2)
 - Processing the applications (2)
 - Interviewing and appointing suitable candidates (2)
 - Explain THREE ways in which your online profile/posts could negatively influence a prospective employer's view of you during the recruitment process. (3 x 2) (6)
- [15]**

SEPTEMBER 2016

- Define an *emotional stressor* and explain why the fear of failure in an examination can be classified as such a stressor. (1 + 2) (3)
 - Discuss THREE ways in which school-based assessment can assist in reducing the pressure of external examinations. (3 x 2) (6)
 - Advise your class mates on how to effectively implement the following examination writing skills to help reduce stress when you write an examination:
 - Reading questions
 - Planning responses
 - Answering questions (3 x 2) (6)
- [15]**

OCTOBER SUPPLEMENTARY 2016

- Identify ONE organisation or institution that controls and regulates the media in South Africa and explain its main function. (1 + 2) (3)
 - Discuss THREE responsibilities of the media in a democratic society. (3 x 2) (6)
 - Evaluate the extent to which media reporting reflects a democratic society with regard to:
 - Topics covered (2)
 - Positions taken up by editors (2)
 - Space allocated to topics (2)
- [15]**

SEPTEMBER 2017

MUNICIPALITY ACTS AGAINST ILLEGAL DUMPING

The Langeni municipality announced the launch of an illegal dumping awareness project. This follows the behaviour of community members dumping a whole lot of rubbish in the streets and market places.

Some parents reported to the municipality that they found their children playing with dirty needles, used bandages and expired medicine bottles dumped outside the health clinic.

[Adapted from www.thenewage.co.za. Accessed on 14 February 2017.]

Write a short essay on the responsibility of the community to provide environments and services that promote safe and healthy living.

Use the following as a guideline:

- THREE possible factors that could have led to the problem of waste dumping, as described above
- THREE consequences of waste dumping for the community
- THREE strategies that the municipality could use to ensure that the illegal dumping awareness project succeeds

[15]

OCTOBER SUPPLEMENTARY 2017

Use the following as a guideline:

- Define the term *personal lifestyle plan* and explain the value of such a plan.
- State THREE aspects to consider when developing a personal lifestyle plan.
- Discuss THREE ways in which a personal lifestyle plan could assist you to contribute towards a safer society.

[15]

QUESTION FIVE

SEPTEMBER 2014

- Evaluate TWO ways in which bribery impacts negatively on:
 - The individual (2 x 2) (4)
 - The company (2 x 2) (4)
- Propose TWO ways in which citizens can deal with bribery in their communities. (2 x 2) (4)

SEPTEMBER 2015

- Define a *lifestyle disease* and indicate why TB is considered to be such a disease. (1 + 2) (3)
 - Discuss THREE ways in which poverty may be a contributory factor to the increase in TB infections. (3 x 2) (6)
 - Suggest THREE ways in which the local government can engage the community in sustainable programmes that will tackle TB and poverty alleviation. (3 x 2) (6)
- [15]**

OCTOBER SUPPLEMENTARY 2015

- Explain the difference between *positive* and *negative stress* and show how a personal life crisis can result in positive stress. (2 + 1) (3)
 - Evaluate how each of the following personality types deals with interpersonal conflict:
 - Passive/Introvert (2)
 - Aggressive/Bully (2)
 - Assertive/Extrovert (2)
 - Justify why each of the following attitudes and behaviour will be ineffective when dealing with interpersonal conflict:
 - Avoiding conflict (2)
 - Competing with one another (2)
 - Compromising your viewpoint (2)
- [15]**

SEPTEMBER 2016

- Define the term *entrepreneurship* and give a reason why it could be a financially viable option for an unemployed person. (1 + 2) (3)
 - Discuss THREE reasons why communities should support local entrepreneurs. (3 x 2) (6)
 - Suggest THREE measures that entrepreneurs can take to succeed in an oversaturated market. (3 x 2) (6)
- [15]**

OCTOBER SUPPLEMENTARY 2016

- State THREE societal expectations with regard to the work ethics of companies/ organisations. (3 x 1) (3)
 - Show how each of the following examples of poor work ethics may impact negatively on the success of a company:
 - Disrespect (2)
 - Dishonesty (2)
 - Lack of accountability (2)
 - Demonstrate in THREE ways how societal expectations of the roles of men and women in the workplace have changed over time. (3 x 2) (6)
- [15]**

SEPTEMBER 2017

- Definition of the term *social factor* and explain why texting while driving can be classified as a social factor causing accidents
 - THREE reasons why teenagers continue to use their cellphones while driving, despite the risk it poses
 - THREE practical ways to alert teen drivers on the dangers of texting and driving
- [15]**

OCTOBER SUPPLEMENTARY 2017

HUMAN RIGHTS VIOLATIONS IN SOUTH AFRICA

They broke into our house, beat my husband with sticks and took everything!

[Adapted from www.theguardian.com. Accessed on 6 April 2017.]

Write a short essay on human rights violations.

Use the following as a guideline:

- Define *human rights violations* and explain the human right that has been violated in the extract above.
 - Discuss THREE ways in which the community could help the victims in the extract above to deal with human rights violations.
 - Discuss THREE strategies that the South African government can implement to solve the on-going problem of human rights violations in our country.
- [15]**

QUESTION SIX

SEPTEMBER 2014

- Evaluate whether or not the 16 Days of Activism Campaign or any other similar campaign has helped women and children who have been abused in your community. (4 x 2) (8)
- Propose TWO ways in which your community can support this or any other similar campaign. (2 x 2) (4)

SEPTEMBER 2015

- Define an *informal job* and explain how it is an innovative way to counteract unemployment in the country. (1 + 2) (3)
 - Discuss THREE challenges that people in informal jobs may experience. (3 x 2) (6)
 - Propose THREE strategies that local businesses can employ to help young people sustain informal jobs in communities. (3 x 2) (6)
- [15]**

OCTOBER SUPPLEMENTARY 2015

ANOTHER CAMPAIGN CALLS ON SOUTH AFRICA'S WOMEN AND GIRLS TO *ZAZI

*ZAZI is the name of a new campaign under the leadership of the SOUTH AFRICAN NATIONAL AIDS COUNCIL (SANAC). The campaign advocates for women to have greater access to key services and commodities that can help stop new HIV infections, minimise unwanted pregnancies, prevent mother to child transmission of HIV, ensure healthy lifestyles, early detection and management of chronic diseases and fight against gender-based violence. 'It aims to engage all sectors of society to tackle these challenges, including hosting community dialogues, talking to the youth through our campus tour programme and a very active mass media aspect to name a few,' Bronwyn Pearce explains.

***ZAZI** is an Nguni word meaning 'know yourself'.

[Adapted from www.zazi.org.za. Accessed on 4 April 2015.]

Write an essay on the evaluation of campaigns and include the following:

- Despite many existing campaigns addressing the challenges stated in the article above, the ZAZI campaign has been introduced.
Give THREE reasons why you think another campaign, ZAZI, has been introduced to address the same challenges. (3 x 1) (3)
 - Assess whether the ZAZI campaign will manage to change individual behaviour in a positive or negative way and mobilise the public to take action. Consider the following criteria in your assessment:
 - Size and composition of its target group (3)
 - Number of objectives of the campaign (3)
 - Evaluate THREE ways in which the actions and behaviour of the youth may contribute to either the success or failure of such campaigns in communities. (3 x 2) (6)
- [15]**

SEPTEMBER 2016

- Highlight THREE ways in which the health budget cuts would have a negative impact on the country. (3 x 1) (3)
 - Discuss THREE strategies that local government can implement to continue fulfilling its responsibility to HIV and Aids patients despite these cutbacks. (3 x 2) (6)
 - Suggest THREE measures that mining companies could use to evaluate the impact of their HIV and Aids intervention programmes before funding is withdrawn. (3 x 2) (6)
- [15]**

OCTOBER SUPPLEMENTARY 2016

- State THREE possible objectives of human rights campaigns. (3 x 1) (3)
 - Discuss THREE actions that you may take to get involved in a human rights campaign in your community. (3 x 2) (6)
 - Assess why xenophobia remains a human rights violation in the country despite numerous community and government campaigns to eliminate it. (3 x 2) (6)
- [15]**

SEPTEMBER 2017

- THREE constitutional limitations to the right to freedom of expression
 - THREE roles of the media and discuss the negative effect of restricting EACH of these roles in a democratic society
 - THREE responsible actions the media can take to involve citizens to protect its right to freedom of expression
- [15]**

OCTOBER SUPPLEMENTARY 2017

- Define the term *recruitment process* and explain the importance of such a process.
 - Name and describe THREE actions which will ensure that your job application is accepted.
 - State ONE way in which EACH of the following labour acts creates a fair working environment:
 - The Labour Relations Act (LRA), 1995 (Act 66 of 1995)
 - The Employment Equity Act (EEA), 1998 (Act 55 of 1998)
 - The Basic Conditions of Employment Act (BCEA), 1997 (Act 75 of 1997)
- [15]**

EXTRA REVISION QUESTIONS

1. Give the correct term or concept for the following definitions or statements.
Write the answer in the space provided.

1.	When every individual in a community do what he or she has to do to look after the environment and use resources wisely.	1.	Rites or regular activities done by the people of the same origin.
2.	You can say what you think and feel freely as well as give information and viewpoints.	2.	These are emergency situations that cause great distress and upheaval, for example, when a husband leaves his wife and she is destitute.
3.	The details necessary to implement the laws. Municipalities and provinces are allowed to do this.	3.	It refers to organisations that were formed to engage with the different role players relating to the workplace, i.e. employees, employers, labour court or government.
4.	The general side from which people see and interpret world such as a collection of beliefs about the world.	4.	These are duties and responsibilities or things you must do because they are law.
5.	These are services provided by the municipalities. They provide water, healthcare, electricity and refuse removal.	5.	This illness causes the force of the blood up against the walls of the blood vessels to remain high. This causes the heart to work harder.
6.	An idea that you have about your future that gives you direction about who you want to be or what you want to achieve in 5 – 30 years time.	6.	It refers to achieving your potential, which means that you are busy doing all that you are capable of.
7.	Research done to find out if an action has had or will have an effect on something. They will be able to see if something needs to change.	7.	It refers to what people believe you should do or how you should behave.
8.	It means hurting, disrespecting or acting against someone's rights like posting private information on Facebook.	8.	An illness linked to the way people live and can also be prevented by certain changes made by the individuals, e.g. TB.
9.	It is action taken to improve something or a situation. It can be programmes implemented by government or other organisations.	9.	These are arguments or disagreements in the workplace that may have to be resolved through negotiation or conciliation.
10.	Principles, philosophies, dogmas or ideas followed by certain countries or communities	10.	These diseases are related to a group of diseases that involve the heart, blood vessels arteries and veins.
11.	Something(written document) that states a purpose, aim or goal. It is meant to guide a person or business.	11.	Unexpected and unplanned bad things that happen to a person or people, like mishaps and misfortunes.
12.	When you do your duty as a citizen, you fulfil your responsibilities, and do what is right or expected of you as a citizen, like vote in the elections.	12.	It is a legal document that gives the employees details about their employment in writing.
13.	A planned series of actions intended to achieve a particular aim, like just before the elections.	13.	It refers to way to correct or fix something that is wrong or unfair, especially in the workplace.
14.	When you treat others unjustly, unfairly and unequally because they are, or you think they are, different from you.	14.	These diseases are due to abnormalities of the heart and the blood vessel system.
15.	A person who reports illegal or immoral activities, especially in companies or government.	15.	It is an organisation that represents the interests of their members in the workplace.

- 1) Identify and describe at least four stressors.
- 2) Explain the difference between signs and symptoms of stress.
- 3) List some methods or strategies to deal with stress.
- 4) Explain the difference between mediation and negotiation as used in conflict resolution.
- 5) How can you build and sustain relationships?
- 6) What are the factors that influence effective communication?
- 7) List the positive and negative aspects of change.
- 8) List some study skills and strategies that could or would work best for you.
- 9) What are the 3 most basic skills for writing exam?
- 10) Why is School Based Assessment (SBAs) important?
- 11) Why is it important to obtain your NSC?
- 12) Briefly explain how you can develop a study plan for Grade 12.
- 13) What steps will help you to make a final decision regarding your career, and how will you know that you have made the right decisions?
- 14) Job application or course application for higher learning will show your commitment. Give a few hints regarding applications.
- 15) Skills for final action regarding study or job options include.....
- 16) List the possible challenges for acceptance at a HEI.

- 17) Why do we have unemployment?
- 18) What is the impact of unemployment?
- 19) What can you do to counteract unemployment?
- 20) What is the impact of corruption?
- 21) How can you deal with discrimination?
- 22) How can you evaluate the outcomes of a campaign or event?
- 23) What in your opinion is the role of the media?
- 24) What are the constitutional limitations to the freedom of expression?
- 25) To what extent do the media reflect a democratic society?
- 26) What is your view of the coverage of sport?
- 27) Name the two factors that would most influence participation.
- 28) What role do these factors play in the participation of sport?
- 29) Who is responsible for providing services (envir's) to promote safe and healthy living?
- 30) What are educational and intervention programmes?
- 31) Briefly explain, with the help of an example, the value of impact studies.
- 32) How can a mission statement benefit you or a company (organisation)?
- 33) What aspects should be considered when drawing up a personal mission statement?

- 34) What impact can your vision statement have on your life, community and society?
- 35) What are the human factors that cause ill-health?
- 36) Explain how psychological, social and religious factors can cause ill-health.
- 37) How can cultural practices and different knowledge perspectives affect or influence your health?
- 38) Explain why poverty and gender imbalances are the leading causes of lifestyle diseases.
- 39) Which factors contribute to the lifestyle diseases that many people can try to control?
- 40) Explain the following intervention to lifestyle diseases:
a) Prevention b) Control c) Early detection d) Treatment/ care/ support
- 41) Which intervention strategies have been proposed by the WHO to counter lifestyle diseases?
- 42) What are the benefits of long-term participation in physical activity?
- 43) Why is it important to think about lifelong participation in physical activity?
- 44) Give a short explanation of the labour laws that apply to workers in SA.
- 45) What are the core elements of a job contract?
- 46) Briefly explain the following principles as it applies to the workplace:
a) equity b) redress
- 47) What are the general trends and practices in the recruitment process?
- 48) Explain why trade unions and other forms of organised labour are so important to workers in the workplace.
- 49) How does work give meaning to life?

END

